

Rosyth, Forth River, Scotland

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Edited and Re-Structured by Tommy Watt

OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09-29	09-30	10-01	10-02	10-03	10-04	FQ 10-05
H0234 6.2 L0837 0.1 H1458 6.3 L2050 0.5	H0319 6.4 L0918 0.1 H1542 6.2 L2129 0.5	H0403 6.3 L0957 0.2 H1626 6.1 L2207 0.6	H0449 6.1 L1035 0.5 H1711 5.8 L2243 0.8	H0537 5.8 L1111 1.0 H1757 5.5 L2320 1.2	H0628 5.5 L1150 1.5 H1847 5.1	L0005 1.6 H0724 5.1 L1242 2.0 H1942 4.8
10-06	10-07	10-08	10-09	10-10	10-11	10-12
L0113 2.0 H0826 4.8 L1358 2.4 H2046 4.6	L0250 2.2 H0938 4.6 L1537 2.6 H2201 4.6	L0459 2.1 H1053 4.7 L1713 2.4 H2317 4.7	L0557 1.8 H1201 4.9 L1801 2.2	H0018 5.0 L0638 1.6 H1252 5.1 L1836 1.9	H0105 5.2 L0710 1.3 H1332 5.3 L1908 1.6	H0143 5.5 L0739 1.2 H1405 5.5 L1938 1.4
F 10-13	10-14	10-15	10-16	10-17	10-18	10-19
H0215 5.6 L0806 1.0 H1434 5.6 L2009 1.2	H0244 5.7 L0831 0.9 H1503 5.7 L2038 1.1	H0313 5.7 L0853 0.9 H1534 5.7 L2104 1.1	H0344 5.7 L0914 1.0 H1607 5.6 L2129 1.1	H0419 5.6 L0936 1.1 H1643 5.5 L2152 1.2	H0458 5.5 L1002 1.3 H1722 5.3 L2221 1.4	H0543 5.3 L1035 1.5 H1806 5.1 L2257 1.6
10-20	LQ 10-21	10-22	10-23	10-24	10-25	10-26
H0634 5.1 L1115 1.9 H1855 4.9 L2347 1.9	H0732 4.9 L1213 2.2 H1954 4.7	L0138 2.1 H0839 4.8 L1436 2.4 H2107 4.7	L0326 2.0 H0956 4.9 L1602 2.2 H2230 4.9	L0446 1.6 H1111 5.2 L1712 1.9 H2341 5.2	L0552 1.2 H1213 5.5 L1811 1.5	H0039 5.6 L0645 0.8 H1305 5.9 L1901 1.1
10-27	N 10-28	10-29	10-30	10-31	11-01	11-02
H0128 6.0 L0731 0.5 H1353 6.1 L1946 0.8	H0215 6.2 L0815 0.3 H1437 6.2 L2028 0.6	H0259 6.3 L0855 0.3 H1519 6.1 L2108 0.5	H0343 6.2 L0933 0.5 H1601 6.0 L2146 0.7	H0428 6.0 L1009 0.8 H1644 5.8 L2221 0.9	H0515 5.7 L1042 1.2 H1728 5.5 L2257 1.2	H0604 5.4 L1116 1.7 H1816 5.2 L2339 1.6